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Hearing in young people worsening

MANY FLASH AND ONLINE ACTIVITIES FOR THIS LESSON, PLUS A LISTENING, AT:

<http://www.NewsEnglishLessons.com/1009/100901-hearing.html>

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1st September, 2010

THE READING / TAPESCRIPT

From: <http://www.NewsEnglishLessons.com/1009/100901-hearing.html>

A recent study shows the hearing of young people is getting worse. The report, appearing in the Journal of Adolescent Health, says there are two possible causes. One is because of the rise in popularity of personal music players like the iPods. Lead researcher professor Abbey Berg said, "just because there's an association, it doesn't mean cause and effect". Other reasons include things like poor diet and environmental factors. Children from low-income families may not eat healthily, which can create hearing problems.

The report showed that between 2001 and 2008, personal music player use rose fourfold. In that same period, hearing loss increased from 12.4 per cent to 19.2 per cent. The number of teenage girls reporting a ringing or buzzing in their ears nearly tripled. Researchers claim teenagers using headphones are 80 per cent more likely to suffer from poor hearing. Dr Berg suggested careful use of headphones. She recommends an hour a day is enough and the volume should be less than 60 per cent maximum.

PHRASE MATCH

From: <http://www.NewsEnglishLessons.com/1009/100901-hearing.html>

Match the following phrases from the article.

Paragraph 1

- | | |
|-------------------|------------------|
| 1. getting | a. in popularity |
| 2. the rise | b. diet |
| 3. cause and | c. problems |
| 4. poor | d. families |
| 5. low-income | e. worse |
| 6. create hearing | f. effect |

Paragraph 2

- | | |
|------------------------------|-----------------------|
| 1. music player use rose | a. to suffer |
| 2. hearing loss increased | b. than 60% maximum |
| 3. buzzing in | c. fourfold |
| 4. 80 per cent more likely | d. their ears |
| 5. She recommends | e. from 12.4 per cent |
| 6. the volume should be less | f. an hour a day |

LISTENING GAP FILL

From: <http://www.NewsEnglishLessons.com/1009/100901-hearing.html>

A recent _____ of young people is getting worse. The report, appearing in the Journal of Adolescent Health, says _____. One is because of the _____ personal music players like the iPods. Lead researcher professor Abbey Berg said, "just because there's an association, it doesn't _____". Other reasons _____ diet and environmental factors. Children from low-income families may not eat healthily, which can _____.

The report _____ and 2008, personal music player use rose fourfold. _____, hearing loss increased from 12.4 per cent to 19.2 per cent. The number of teenage girls _____ buzzing in their ears nearly tripled. Researchers claim teenagers using headphones are 80 per cent more _____ poor hearing. Dr Berg _____ of headphones. She recommends an hour a day is enough and the _____ than 60 per cent maximum.

MULTIPLE CHOICE

From: <http://www.NewsEnglishLessons.com/1009/100901-hearing.html>

A recent study shows the hearing of young people is getting (1) _____. The report, appearing in the Journal of Adolescent Health, says there are two possible (2) _____. One is because of the rise (3) _____ popularity of personal music players like the iPods. Lead researcher professor Abbey Berg said, "just because there's an association, it doesn't (4) _____ cause and effect". Other reasons include things like poor (5) _____ and environmental factors. Children from low-income families may not eat healthily, which can create hearing problems.

The report showed that between 2001 and 2008, personal music player use (6) _____ fourfold. In that same period, hearing (7) _____ increased from 12.4 per cent to 19.2 per cent. The number of teenage girls reporting a ringing or buzzing in their ears nearly (8) _____. Researchers claim teenagers using headphones are 80 per cent more likely to suffer from poor hearing. Dr Berg suggested careful (9) _____ of headphones. She recommends an hour a day is enough and the volume should be less than 60 per cent (10) _____.

Put the correct words from this table into the article.

- | | | | |
|-----|---------------|-------------|---------------|
| 1. | (a) worsen | (b) worst | (c) worse |
| 2. | (a) causes | (b) cases | (c) because |
| 3. | (a) on | (b) in | (c) by |
| 4. | (a) meaning | (b) meant | (c) mean |
| 5. | (a) dietary | (b) diet | (c) dietician |
| 6. | (a) rose | (b) rising | (c) rise |
| 7. | (a) lost | (b) loss | (c) lose |
| 8. | (a) threefold | (b) triple | (c) tripled |
| 9. | (a) use | (b) abuse | (c) reuse |
| 10. | (a) maximum | (b) minimum | (c) premium |

SPELLING

From: <http://www.NewsEnglishLessons.com/1009/100901-hearing.html>

Spell the jumbled words (from the text) correctly.

Paragraph 1

1. A necrte study
2. tingtg worse
3. two olbipses causes
4. the rise in oripyputla
5. cause and feetfc
6. create inrgaeh problems

Paragraph 2

7. eanlpors music player
8. hearing loss rcasiende from 12.4
9. egaeent girls
10. gzznibu in their ears
11. 80 per cent more lileyk
12. the uvlome should be less

PUT THE TEXT BACK TOGETHER

From: <http://www.NewsEnglishLessons.com/1009/100901-hearing.html>

Number these lines in the correct order.

- () the iPods. Lead researcher professor Abbey Berg said, "just because there's an association, it doesn't mean cause
- () The report showed that between 2001 and 2008, personal music player use rose fourfold. In that same
- () buzzing in their ears nearly tripled. Researchers claim teenagers using headphones are 80 per cent more
- () period, hearing loss increased from 12.4 per cent to 19.2 per cent. The number of teenage girls reporting a ringing or
- (**1**) A recent study shows the hearing of young people is getting worse. The report, appearing in the Journal of Adolescent Health,
- () hour a day is enough and the volume should be less than 60 per cent maximum.
- () likely to suffer from poor hearing. Dr Berg suggested careful use of headphones. She recommends an
- () says there are two possible causes. One is because of the rise in popularity of personal music players like
- () factors. Children from low-income families may not eat healthily, which can create hearing problems.
- () and effect". Other reasons include things like poor diet and environmental

THE READING / TAPESCRIPT

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With a partner, put the words back into the correct order.

1. people The is hearing getting of worse young.

2. in players popularity of The personal rise music.

3. mean and doesn't cause effect It.

4. Other diet poor like things include reasons.

5. healthily Children from low-income families may not eat.

6. and personal use 2001 player Between 2008, music rose.

7. to increased % 19.2 from Hearing % 12.4 loss

8. of ringing teenage girls The reporting number a.

9. poor hearing More . likely to suffer from

10. is an enough hour a She day recommends.

DISCUSSION (Write your own questions)

STUDENT A's QUESTIONS (Do not show these to student B)

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____

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DISCUSSION (Write your own questions)

STUDENT B's QUESTIONS (Do not show these to student A)

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____

HOMEWORK

1. VOCABULARY EXTENSION: Choose several of the words from the text. Use a dictionary or Google's search field (or another search engine) to build up more associations / collocations of each word.

2. IPODS: Search the Internet and find more information about hearing and iPods. Talk about what you discover with your partner(s) in the next lesson.

3. MAGAZINE ARTICLE: Write a magazine article about hearing. Include imaginary an interview with a young person who is losing his/her hearing. Read what you wrote to your classmates in the next lesson. Give each other feedback on your articles.

4. WHAT HAPPENED NEXT? Write a newspaper article about the next stage in this news story. Read what you wrote to your classmates in the next lesson. Give each other feedback on your articles.

5. LETTER: Write a letter to the maker of personal music players. Ask him/her three questions about headphone use and loss of hearing. Give him/her three of your opinions on how people can save their hearing. Read what you wrote to your classmates in the next lesson. Your partner will answer the questions you asked.