

NEWS ENGLISH LESSONS.com

Depression makes everything grey

MANY FLASH AND ONLINE ACTIVITIES FOR THIS LESSON, PLUS A LISTENING, AT:

<http://www.NewsEnglishLessons.com/1007/100721-depression.html>

IN THIS LESSON:

The Reading / Tapescript	2
Phrase Match	3
Listening Gap Fill	4
Multiple Choice	5
Spelling	6
Put the Text Back Together	7
Scrambled Sentences	8
Discussion	9
Writing	10
Homework	11

ALL ANSWERS ARE IN THE TEXT ON PAGE 2.

21st July, 2010

THE READING / TAPESCRIPT

From: <http://www.NewsEnglishLessons.com/1007/100721-depression.html>

Scientists have found out that depressed people do not see the world in full colour. They say depression causes people to see the world in shades of grey. The researchers say this makes the depression worse. When people are really unhappy, looking at a grey world all day makes them unhappier. Researchers from the University of Freiburg in Germany carried out tests on the eyes of depressed people. They found that depression affects vision and is similar to turning down the contrast on a television. The scientists believe they can measure levels of depression using this research.

Depression is a very dangerous thing. Many people have it without knowing. Many other people get so depressed they kill themselves. It kind of makes sense that depression affects your ability to see colour. All of the famous painters who made paintings about depression used grey and dark colours. It also might explain why depression is more common in darker countries. There are more suicides in countries like Sweden and Norway than in Caribbean countries. People in sunny countries wear more colourful clothes and seem happier.

PHRASE MATCH

From: <http://www.NewsEnglishLessons.com/1007/100721-depression.html>

Match the following phrases from the article.

Paragraph 1

- | | |
|------------------------------|------------------|
| 1. see the world in | a. worse |
| 2. shades of | b. world all day |
| 3. this makes the depression | c. grey |
| 4. looking at a grey | d. of depression |
| 5. carried out | e. full colour |
| 6. measure levels | f. tests |

Paragraph 2

- | | |
|--------------------------------|---------------------|
| 1. Depression is a very | a. sense |
| 2. have it without | b. and seem happier |
| 3. It kind of makes | c. darker countries |
| 4. your ability | d. dangerous thing |
| 5. more common in | e. knowing |
| 6. wear more colourful clothes | f. to see colour |

LISTENING GAP FILL

From: <http://www.NewsEnglishLessons.com/1007/100721-depression.html>

Scientists _____ depressed people do not see the world in full colour. They say depression _____ the world in shades of grey. The researchers say this makes the depression worse. When people are really unhappy, looking _____ makes them unhappier. Researchers from the University of Freiburg in Germany carried _____ of depressed people. They found that depression affects _____ turning down the contrast on a television. The scientists believe _____ of depression using this research.

Depression _____ thing. Many people have it without knowing. Many other people get so depressed they kill themselves. It _____ depression affects your ability to see colour. All of the famous painters who made paintings about depression _____. It also might explain why depression _____ darker countries. There _____ countries like Sweden and Norway than in Caribbean countries. People in sunny countries wear more colourful _____.

MULTIPLE CHOICE

From: <http://www.NewsEnglishLessons.com/1007/100721-depression.html>

Scientists have found out that (1) _____ people do not see the world in full colour. They say depression causes people to see the world in (2) _____ of grey. The researchers say this makes the depression worse. When people are really unhappy, looking at a grey world (3) _____ day makes them unhappier. Researchers from the University of Freiburg in Germany carried (4) _____ tests on the eyes of depressed people. They found that depression affects vision and is similar to turning down the contrast on a television. The scientists believe they can (5) _____ levels of depression using this research.

Depression is a very dangerous thing. Many people have it without (6) _____. Many other people get so depressed they kill themselves. It kind of makes sense that depression affects your ability (7) _____ see colour. All of the famous painters who made paintings about depression used grey and dark colours. It also might explain why depression is more (8) _____ in darker countries. There are more (9) _____ in countries like Sweden and Norway than in Caribbean countries. People in sunny countries wear more colourful clothes and (10) _____ happier.

Put the correct words from this table into the article.

- | | | | |
|-----|---------------|----------------|---------------|
| 1. | (a) depressed | (b) depression | (c) depress |
| 2. | (a) shadows | (b) shading | (c) shades |
| 3. | (a) all | (b) whole | (c) one |
| 4. | (a) in | (b) out | (c) away |
| 5. | (a) measures | (b) measure | (c) measuring |
| 6. | (a) knowledge | (b) knowing | (c) knowing |
| 7. | (a) at | (b) by | (c) to |
| 8. | (a) coming | (b) common | (c) comma |
| 9. | (a) suicides | (b) suicidal | (c) suicide |
| 10. | (a) seem | (b) seems | (c) seemingly |

SPELLING

From: <http://www.NewsEnglishLessons.com/1007/100721-depression.html>

Spell the jumbled words (from the text) correctly.

Paragraph 1

1. pedsdseer people
2. hssdae of grey
3. people are really nypahup
4. depression affects oiinvs
5. rginnut down the contrast
6. measure lseely of depression

Paragraph 2

7. a very ruogsedna thing
8. they kill svlhmetees
9. your tyiliab to see colour
10. iaenpxl why
11. There are more edsicsiu
12. nnsyu countries

PUT THE TEXT BACK TOGETHER

From: <http://www.NewsEnglishLessons.com/1007/100721-depression.html>

Number these lines in the correct order.

- () people to see the world in shades of grey. The researchers say this makes the depression worse. When people are
- () more common in darker countries. There are more suicides in countries like Sweden and Norway than in
- () turning down the contrast on a television. The scientists believe they can measure levels of depression using this research.
- () really unhappy, looking at a grey world all day makes them unhappier. Researchers from the University of Freiburg in
- () Germany carried out tests on the eyes of depressed people. They found that depression affects vision and is similar to
- () they kill themselves. It kind of makes sense that depression affects your ability to see colour. All of the famous painters
- () Caribbean countries. People in sunny countries wear more colourful clothes and seem happier.
- () who made paintings about depression used grey and dark colours. It also might explain why depression is
- (**1**) Scientists have found out that depressed people do not see the world in full colour. They say depression causes
- () Depression is a very dangerous thing. Many people have it without knowing. Many other people get so depressed

THE READING / TAPESCRIPT

From: <http://www.NewsEnglishLessons.com/1007/100721-depression.html>

With a partner, put the words back into the correct order.

1. people do not see the world in full colour Depressed.

2. grey of shades in world the See.

3. Researchers worse depression the makes this say.

4. found depression vision They that affects.

5. depression can measure Scientists levels believe of they.

6. people it knowing Many have without.

7. People themselves kill they depressed so get.

8. colour see to ability your affects Depression.

9. in common more is Depression countries darker.

10. clothes countries wear People more in colourful sunny.

DISCUSSION (Write your own questions)

STUDENT A's QUESTIONS (Do not show these to student B)

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____

Copyright © www.NewsEnglishLessons.com

DISCUSSION (Write your own questions)

STUDENT B's QUESTIONS (Do not show these to student A)

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____

WRITING

From: <http://www.NewsEnglishLessons.com/1007/100721-depression.html>

Write about depression for 10 minutes. Show your partner your paper. Correct each other's work.

HOMEWORK

1. VOCABULARY EXTENSION: Choose several of the words from the text. Use a dictionary or Google's search field (or another search engine) to build up more associations / collocations of each word.

2. DEPRESSION: Search the Internet and find more information about depression. Talk about what you discover with your partner(s) in the next lesson.

3. MAGAZINE ARTICLE: Write a magazine article about depression. Include imaginary an interview with someone who has depression. Read what you wrote to your classmates in the next lesson. Give each other feedback on your articles.

4. WHAT HAPPENED NEXT? Write a newspaper article about the next stage in this news story. Read what you wrote to your classmates in the next lesson. Give each other feedback on your articles.

5. LETTER: Write a letter to a depressed person. Ask him/her three questions about depression. Give him/her three of your opinions on depression. Read what you wrote to your classmates in the next lesson. Your partner will answer the questions you asked.