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Curry can kill cancer cells

MANY FLASH AND ONLINE ACTIVITIES FOR THIS LESSON, PLUS A LISTENING, AT:

<http://www.NewsEnglishLessons.com/0911/091103-curry.html>

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3rd November, 2009

THE READING / TAPESCRIPT

From: <http://www.NewsEnglishLessons.com/0911/091103-curry.html>

Scientists believe a spice used to make curry can kill cancer cells. The spice is called turmeric and it is very common in Indian cooking. Scientists said something in this spice has healing powers. The lead researcher, Dr Sharon McKenna, found that a chemical in turmeric called curcumin killed cancer cells within 24 hours. She said: "Scientists have known for a long time that natural compounds have the potential to treat faulty cells". Curcumin may also be good for treating other diseases. Researchers are testing it to fight arthritis and dementia.

This is very good news for curry lovers and people who like spicy food. If the news is true, Indian restaurants might be really busy. Indian food is becoming more and more popular around the world. In Britain, fish and chips used to be the most popular fast food. Not any more. Nowadays, the favourite British takeaway is chicken tikka – an Indian dish. Spicy food might be even more common from now. People worried about cancer might pop in to their local Indian eatery and order a curry instead of going to the doctor.

PHRASE MATCH

From: <http://www.NewsEnglishLessons.com/0911/091103-curry.html>

Match the following phrases from the article.

Paragraph 1

- | | |
|-------------------------------|-------------------|
| 1. a spice used | a. Indian cooking |
| 2. very common in | b. other diseases |
| 3. this spice has healing | c. testing it |
| 4. killed cancer cells within | d. to make curry |
| 5. good for treating | e. 24 hours |
| 6. Researchers are | f. powers |

Paragraph 2

- | | |
|-----------------------|----------------------|
| 1. very good news for | a. popular fast food |
| 2. people who | b. more popular |
| 3. becoming more and | c. from now |
| 4. the most | d. curry lovers |
| 5. even more common | e. a curry |
| 6. order | f. like spicy food |

LISTENING GAP FILL

From: <http://www.NewsEnglishLessons.com/0911/091103-curry.html>

Scientists believe a spice _____ curry can kill cancer cells. The spice is called turmeric and _____ in Indian cooking. Scientists said something in this spice has healing powers. The lead researcher, Dr Sharon McKenna, _____ chemical in turmeric called curcumin killed cancer cells within 24 hours. She said: "Scientists have _____ long time that natural compounds have the potential to treat faulty cells". Curcumin _____ for treating other diseases. Researchers are _____ arthritis and dementia.

This is very _____ curry lovers and people who like spicy food. If the news is true, Indian restaurants might be really busy. Indian food is becoming _____ popular around the world. In Britain, fish and chips _____ most popular fast food. Not any more. Nowadays, the favourite British takeaway is chicken tikka – an Indian dish. Spicy food _____ more common from now. People worried about cancer _____ their local Indian eatery and order a curry _____ to the doctor.

MULTIPLE CHOICE

From: <http://www.NewsEnglishLessons.com/0911/091103-curry.html>

Scientists believe a (1) _____ used to make curry can kill cancer cells. The spice is called turmeric and it is very common in Indian cooking. Scientists said something in this spice has (2) _____ powers. The lead researcher, Dr Sharon McKenna, (3) _____ that a chemical in turmeric called curcumin killed cancer cells within 24 hours. She said: "Scientists have known for a long time that natural compounds have the potential to (4) _____ faulty cells". Curcumin may also be good for treating other diseases. Researchers are testing it (5) _____ fight arthritis and dementia.

This is very good news for curry (6) _____ and people who like spicy food. If the news is (7) _____, Indian restaurants might be really busy. Indian food is becoming more and more popular around the world. In Britain, fish and chips (8) _____ to be the most popular fast food. Not any more. Nowadays, the favourite British takeaway is chicken tikka – an Indian dish. Spicy food might be even (9) _____ common from now. People worried about cancer might pop in to their local Indian eatery and order a curry instead of (10) _____ to the doctor.

Put the correct words from this table into the article.

- | | | | |
|-----|-------------|---------------|------------|
| 1. | (a) spicy | (b) spiced | (c) spice |
| 2. | (a) healing | (b) healer | (c) heals |
| 3. | (a) funded | (b) found | (c) find |
| 4. | (a) treat | (b) treatment | (c) treats |
| 5. | (a) at | (b) for | (c) to |
| 6. | (a) lovers | (b) loving | (c) lovely |
| 7. | (a) truth | (b) truly | (c) true |
| 8. | (a) uses | (b) used | (c) useful |
| 9. | (a) most | (b) more | (c) many |
| 10. | (a) going | (b) went | (c) goes |

SPELLING

From: <http://www.NewsEnglishLessons.com/0911/091103-curry.html>

Spell the jumbled words (from the text) correctly.

Paragraph 1

1. Scientists iebveel
2. very moncmo
3. healing erwpos
4. killed cancer cells tiwinh 24 hours
5. good for tigtnare other diseases
6. testing it to tigfh arthritis

Paragraph 2

7. good news for curry olvsre
8. ypcsi food
9. more and more oupalpr
10. the most popular fast food
11. their loalc Indian eatery
12. entaids of going to the doctor

PUT THE TEXT BACK TOGETHER

From: <http://www.NewsEnglishLessons.com/0911/091103-curry.html>

Number these lines in the correct order.

- () about cancer might pop in to their local Indian eatery and order a curry instead of going to the doctor.
- () cells". Curcumin may also be good for treating other diseases. Researchers are testing it to fight arthritis and dementia.
- () and chips used to be the most popular fast food. Not any more. Nowadays, the favourite British takeaway is
- (**1**) Scientists believe a spice used to make curry can kill cancer cells. The spice is called turmeric and it is
- () Dr Sharon McKenna, found that a chemical in turmeric called curcumin killed cancer cells within 24 hours. She
- () restaurants might be really busy. Indian food is becoming more and more popular around the world. In Britain, fish
- () This is very good news for curry lovers and people who like spicy food. If the news is true, Indian
- () said: "Scientists have known for a long time that natural compounds have the potential to treat faulty
- () very common in Indian cooking. Scientists said something in this spice has healing powers. The lead researcher,
- () chicken tikka – an Indian dish. Spicy food might be even more common from now. People worried

THE READING / TAPESCRIPT

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With a partner, put the words back into the correct order.

1. curry cancer spice make kill A to can cells used.

2. common very is It cooking Indian in.

3. spice in powers has this Something healing.

4. treat cells The to faulty potential.

5. diseases other treating for good be Also.

6. news Very lovers for good curry.

7. be busy Indian might really restaurants.

8. chicken is takeaway British favourite The tikka.

9. local their to in Pop eatery Indian.

10. to curry going doctor a of the Order instead.

DISCUSSION (Write your own questions)

STUDENT A's QUESTIONS (Do not show these to student B)

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____

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DISCUSSION (Write your own questions)

STUDENT B's QUESTIONS (Do not show these to student A)

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____

WRITING

From: <http://www.NewsEnglishLessons.com/0911/091103-curry.html>

Write about curry for 10 minutes. Show your partner your paper. Correct each other's work.

HOMEWORK

1. VOCABULARY EXTENSION: Choose several of the words from the text. Use a dictionary or Google's search field (or another search engine) to build up more associations / collocations of each word.

2. INTERNET: Search the Internet and find more information about curry. Talk about what you discover with your partner(s) in the next lesson.

3. MAGAZINE ARTICLE: Write a magazine article about curry. Include imaginary interviews with two people who love curry. Read what you wrote to your classmates in the next lesson. Give each other feedback on your articles.

4. WHAT HAPPENED NEXT? Write a newspaper article about the next stage in this news story. Read what you wrote to your classmates in the next lesson. Give each other feedback on your articles.

5. LETTER: Write a letter to Dr McKenna. Ask her three questions about curry. Give her three of your opinions on curry. Read what you wrote to your classmates in the next lesson. Your partner will answer the questions you asked.